



Return to Play - Coaches

Return to Play (RTP), This protocol is developed so our athletes & staff can safely return to the pitch, following the pandemic. This is safety precautions ISC would like to maintain on an ongoing basis. Please ensure that the following guidelines are being implemented for practices and games:

- All Members must Always wear Masks except on Field. Please bring First Aid kit onsite.
- Coaches must complete the [Ontario Soccer Covid-19 waiver of liability](#). Please print and sign and deliver to drop box at the office prior to start of the sessions – no exceptions.
- Coaches must complete prior to attending each session the [Ontario COVID-19 Self-Assessment](#) – no exceptions.
- Focus is on individual technical, physical, and cognitive abilities (individual ball work preferred; no heading/handling of ball)
- If an individual is exhibiting symptoms related to COVID-19, they must be sent home immediately. If an individual is experiencing symptoms of fever, cough, shortness of breath, runny nose or sore throat, they are legally obligated to self-isolate. As per the Declaration of Compliance, they are NOT permitted to return to training for 14 days from the day they last experienced symptoms.
- All Arrivals & Departures from sessions must be staggered
- Time manage effectively & utilize virtual/online tools for session discussions. Work with ISC Technical Manager on Session Planning & attend virtual workshop.
- Cancellation of training due to thunderstorms will be posted on Coach group 1-hour prior training to send to parents.
- Position Players in designated space. maintain same players within same grouping for sessions
- Must Monitor, enforce and educate players on arrival & departure guidelines
- Coaches must move all discussions virtually/online to mitigate risks
- Coaches must sanitize ALL equipment before & after each session *no shared equipment*
- Must Bring your own equipment/water bottle/clearly marked and kept separate from players.
- Players must bring own ball, hand sanitizer, extra practice white t-shirt & equipment name tagged.
- Coaches must stay in Coaching Zone only (soccer field) away from Managers and Parents